



**United Methodist  
Communities**

Bristol Glen

## What is a Continuing Care Retirement Community (CCRC)?

A CCRC is a type of senior living residence offering a full continuum of services on one campus; independent living, assisted living, skilled nursing and rehab, and sometimes specialty services, such as memory care. Residents pay an entry fee and a monthly rent, giving older adults the option to live in one place for the rest of their lives. This can provide a great level of comfort, knowing your lifestyle and healthcare needs will be met on one campus.

Residency typically begins with a move into an independent living apartment home, although residents can make United Methodist Communities at Bristol Glen their home at any point in the continuum. As needs increase over time, residents will be able to move to the next level without moving to another community.

One of the key attractions of a CCRC is the range of healthcare and supportive services provided, including nursing, social work, dietician services, and various therapies for residents who may experience either a short bout of illness or an ongoing health problem. Monthly fees typically cover housekeeping and a certain number of meals served in dining rooms. Some transportation services also may be included.

### Benefits Include:

- Maintenance-free living - Cutting the grass, shoveling the snow and raking the leaves are covered by maintenance crews.
- Socialization - Which is key to health aging
- A commitment to senior wellness - Which lowers the risk of disability
- Full continuum of health care services
- Estate preservation
- Ability to pursue long-delayed interests
- Safety and Security
- Peace of mind for your children



"I've been here 15 years now. I tell people Bristol Glen is probably one of the nicest, most beautiful places there is to live. We're so lucky because we'll always be taken care of no matter what happens to us".  
*Mabel Connor, Bristol Glen resident*



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